

Multiple Intelligence Inventory for Adults

by Nancy Faris: <http://www.mitest.com/o7inte~1.htm>

Directions: Fill in the bubble of the sentences that STRONGLY resemble you.

- 1. I easily remember nice turns of phrase or memorable quotes and use them deftly in conversation.
- 2. My library of books is among my most precious possessions.
- 3 I can hear words in my head before I read, speak, or write them down.
- 4. I get more out of listening to news on the radio and hearing books on cassette than I do from watching TV.
- 5. I am a master when it comes to word games like Scrabble, or Password.
- 6. I enjoy entertaining others with tongue twisters, nonsense, rhymes or puns.
- 7. Other people sometimes have to stop and ask me to explain the meaning of words I use in my writing and speaking.
- 8. English, social studies, and history are easier for me in school than math and science.
- 9. When I drive down a freeway, I pay more attention to the words written on billboards than to the scenery.
- 10. My conversation is peppered with frequent references to things that I have read.
- 11. I have written something recently that I was particularly proud of or that earned me special recognition by others.
- 12. I note other people's errors in using words or grammar, even if I don't correct them.
- 13. I am fascinated by scientific and philosophical questions like "When did time begin?"
- 14. I can easily double or triple a cooking recipe or carpentry measurement without having to put it all down on paper.
- 15. Math and science were among my favorite subjects in school.
- 16. I frequently beat my friends in chess, checkers, Go, or other strategy games.
- 17. I like to set up little "what if experiments (e.g., what would happen if I double the amount of plant food that I feed to my plants at home?)
- 18. People sometimes tell me that I have a very computer-like mind.
- 19. I organize things in my bedroom, study, and at my desk according to categories and in patterns.
- 20. I believe that almost everything has a rational explanation.
- 21. I wonder a lot about how certain things work.
- 22. I like finding logical flaws in the things that people say and do at home and work.
- 23. I sometimes think in clear, abstract, wordless, imageless concepts.
- 24. I feel more comfortable when something has been measured, categorized, analyzed or quantified.
- 25. I enjoy music and have favorite performers.
- 26. People say that I have a pleasant singing voice.
- 27. I can tell when a musical note is off-key.
- 28. My collection of cassettes and compact discs is among my most treasured possessions.
- 29. I play a musical instrument.
- 30. My life would be impoverished if there was no music in it.
- 31. I catch myself sometimes walking down the street with a television jingle or other tune running obsessively through my mind.
- 32. I can easily keep time to a piece of music with a simple percussion instrument.
- 33. I know the tunes to many different songs or musical pieces.
- 34. If I hear a musical selection once or twice, I am usually able to sing it back fairly accurately.
- 35. I often make tapping sounds or sing melodies while working, studying, or learning something new.
- 36. I sometimes enjoy different sounds in my environment.
- 37. I can remember in detail the layout and landmarks of places I've visited on vacations.
- 38. I often see clear visual images when I close my eyes.
- 39. I am usually sensitive to color.
- 40. I have a camera or camcorder that I use to record what I see around me.
- 41. I can easily solve jigsaw puzzles, mazes and other visual puzzles.
- 42. I sometimes have vivid dreams at night.

- 43. I can easily find my way around unfamiliar territory.
- 44. People praise me for the drawings or doodles I create.
- 45. Geometry was easier for me than algebra in school.
- 46. When I do artwork I seem to know just how to arrange the parts of the picture or product.
- 47. I can comfortably imagine how something might appear if it were looked down upon from directly above in a bird's eye view.
- 48. I prefer looking at reading material that is heavily illustrated.
- 49. I regularly engage in at least one sport or physical activity.
- 50. I can master new sports easily.
- 51. I find it difficult to sit still for long periods of time.
- 52. I like working with my hands at some concrete activity such as sewing, weaving, carving, carpentry, or model-building.
- 53. My best ideas often come to me when I'm out for a long walk or jog.
- 54. I like to spend my free time outdoors.
- 55. I frequently use hand gestures or other forms of body language when conversing with someone.
- 56. I need to touch things in order to learn more about them.
- 57. I enjoy scary movies, dare devil amusement rides, or similarly thrilling experiences.
- 58. I would describe myself as well coordinated.
- 59. I need to practice a new skill by doing it rather than simply reading about it or seeing a video that describes it.
- 60. I often can figure out how something works or how to fix something that's broken, without asking for help.
- 61. When I meet new people, I often make connections between their characteristics and those of other acquaintances.
- 62. I'm considered the local Dear Abby in my neighborhood and people often come to see me for help and advice.
- 63. I can sense quickly how other people are feeling about things and themselves.
- 64. I prefer group sports like badminton, volleyball, or softball to solo sports such as swimming and jogging.
- 65. When I have a problem, I'm more likely to seek out another person for help rather than attempt to work it out on my own.
- 66. I have at least three close friends.
- 67. I prefer social pastimes like Monopoly or other group games to individual recreations such as video games or solitaire.
- 68. I enjoy the challenge of teaching another person what I know how to do.
- 69. People have called me a born leader.
- 70. I feel comfortable in the middle of a crowd.
- 71. I like to get involved in social activities connected with my school, church, or community.
- 72. I would rather spend my evenings at a lively party than at home alone.
- 73. I regularly spend time alone to meditate, reflect, or think about important life questions.
- 74. I think about what I want from life and what I want to accomplish when I am grown up.
- 75. I have attended counseling sessions to learn more about myself.
- 76. I have intuitions about things that turn out to be true.
- 77. People tend to see me as a loner.
- 78. I have a special hobby or interest that I keep pretty much to myself.
- 79. I have some important goals for myself that I think about on a regular basis.
- 80. I prefer to spend a weekend alone in a cabin in the woods rather than go to a fancy resort with lots of people around.
- 81. I usually know how I feel about something or about my feelings.
- 82. I keep a personal diary or journal to record the events of my inner life.
- 83. I am self-employed or at least have thought about starting my own business.
- 84. I would rather spend my evenings at home than at a lively party.

Multiple Intelligence Inventory for Ages 8-12

by Nancy Faris: <http://www.mitest.com/omitest.htm>

- ⊙ **Internet version:** results will be returned to you shortly after you click on SCORE TEST at the bottom of the page.
- ⊙ **Paper version:** a rubric for hand scoring is included.

Student Directions: Answer the following questions by checking the sentences that are most like you.

- 1. I am good at copying what people say.
- 2. I really love books.
- 3. I really like to listen to the radio.
- 4. I really like to do "word searches" or crossword puzzles.
- 5. I really like language arts and social studies in school.
- 6. I really like to do experiments.
- 7. I really like math.
- 8. I really like science.
- 9. I am good at making and figuring out patterns.
- 10. I often wonder about how things work.
- 11. I really like music.
- 12. People tell me that I sing well.
- 13. I would be very sad if there was no music in the world.
- 14. I know a lot of songs by heart.
- 15. I sing songs I've heard on TV to myself as I'm going somewhere.
- 16. I am good at doing puzzles.
- 17. I am good at reading maps.
- 18. I hardly ever get lost or mixed up where I am going.
- 19. I can pretend I am in the sky looking down on my house and know where everything is.
- 20. I am good at drawing or making things with clay.
- 21. I am good at sports.
- 22. I really like to dance.
- 23. I like to be outside a lot.
- 24. I am good at learning new sports or dances.
- 25. I can figure out how something works or how to fix something that's broken by myself.
- 26. I feel sad when others are feeling sad.
- 27. I feel happy when I am with others that are feeling happy.
- 28. I like playing games with a group of people better than just one other person.
- 29. I have more than three good friends.
- 30. I really like being in the middle of a crowd
- 31. I really like to spend time alone to think by myself.
- 32. I think a lot about the future and what I want to do when I grow up.
- 33. I know right away when I am feeling "stressed out" and I spend time alone to feel better.
- 34. I keep a diary or journal and write down my feelings.
- 35. Most of the time I'd rather stay home than go out somewhere with a lot of people.

Multiple Intelligence Inventory for Ages 13-18

by Nancy Faris: <http://www.mitest.com/o2ndary.htm>

- **Internet version:** results will be returned to you shortly after you click on SCORE TEST at the bottom of the page.
- **Paper version:** a rubric for hand scoring is included.

Student Directions: Answer the following questions by checking the sentences that are most like you.

- 1. I easily remember memorable quotes or "sayings" and use them well in my conversation with others..
- 2. My library of books is among my most precious possessions.
- 3 I can hear words in my head before I read, speak, or write them down.
- 4. I get more out of listening to news on the radio and hearing books on cassette than I do from watching TV.
- 5. I am a master when it comes to word games like Scrabble, or Password.
- 6. I enjoy entertaining others with tongue twisters, nonsense, rhymes or puns.
- 7. Other people sometimes have to stop and ask me to explain the meaning of words I use in my writing and speaking.
- 8. English, social studies, and history are easier for me in school that math and science.
- 9. When I am traveling down a highway, I pay more attention to the words written on billboards than to the scenery.
- 10. I have written something recently that I was particularly proud of or that earned me special recognition by others.
- 11. I note other people's errors in using words or grammar, even if I don't correct them.
- 12. I am fascinated by scientific and philosophical questions like "When did time begin?"
- 13. I can easily double or triple a measurement, formula or recipe without having to put it all down on paper.
- 14. Math and science are among my favorite subjects in school.
- 15. I frequently beat my friends in chess, checkers, Go, or other strategy games.
- 16. I like to set up little "what if experiments (e.g., what would happen if I double the amount of plant food that I feed to my plants at home?)
- 17. People sometimes tell me that I have a very computer-like mind.
- 18. I organize things in my bedroom, study, and at my desk according to categories and in patterns.
- 19. I believe that almost everything has a rational explanation.
- 20. I wonder a lot about how certain things work.
- 21. I like finding logical flaws in the things that people say and do at home and work.
- 22. I feel more comfortable when something has been measured, categorized, analyzed or quantified.
- 23. I enjoy music and have favorite performers.
- 24. People say that I have a pleasant singing voice.
- 25. I can tell when a musical note is off-key.
- 26. My collection of cassettes and compact discs is among my most treasured possessions.
- 27. I play a musical instrument.
- 28. I catch myself sometimes walking down the street with a television jingle or other tune running obsessively through my mind.
- 29. I can easily keep time to a piece of music with a simple percussion instrument.
- 30. I know the tunes to many different songs or musical pieces.
- 31. If I hear a musical selection once or twice, I am usually able to sing it back fairly accurately.
- 32. I often make tapping sounds or sing melodies while working, studying, or learning something new.
- 33. I sometimes enjoy different sounds in my environment.
- 34. I can remember in detail the layout and landmarks of places I've visited on vacations.
- 35. I often see clear visual images when I close my eyes.
- 36. I am usually sensitive to color.

- 37. I have a camera or camcorder that I use to record what I see around me.
- 38. I can easily solve jigsaw puzzles, mazes and other visual puzzles.
- 39. I sometimes have vivid dreams at night.
- 40. I can easily find my way around unfamiliar territory.
- 41. People praise me for the drawings or doodles I create.
- 42. Geometry is easier for me than algebra in school.
- 43. I can comfortably imagine how something might appear if it were looked down upon from directly above in a bird's eye view.
- 44. I prefer looking at reading material that is heavily illustrated.
- 45. I regularly engage in at least one sport or physical activity.
- 46. I can master new sports easily.
- 47. I find it difficult to sit still for long periods of time.
- 48. I like working with my hands at some concrete activity such as sewing, weaving, carving, carpentry, or model-building.
- 49. My best ideas often come to me when I'm out for a long walk or jog.
- 50. I like to spend my free time outdoors.
- 51. I frequently use hand gestures or other forms of body language when conversing with someone.
- 52. I need to touch things in order to learn more about them.
- 53. I enjoy scary movies, dare devil amusement rides, or similarly thrilling experiences.
- 54. I need to practice a new skill by doing it rather than simply reading about it or seeing a video that describes it.
- 55. I often can figure out how something works or how to fix something that's broken, without asking for help.
- 56. When I meet new people, I often make connections between their characteristics and those of other acquaintances.
- 57. I'm considered the local Dear Abby in my neighborhood and people often come to see me for help and advice.
- 58. I can sense quickly how other people are feeling about things and themselves.
- 59. I prefer group sports like badminton, volleyball, or softball to solo sports such as swimming and jogging.
- 60. When I have a problem, I'm more likely to seek out another person for help rather than attempt to work it out on my own.
- 61. I have at least three close friends.
- 62. I prefer social pastimes like Monopoly or other group games to individual recreations such as video games or solitaire.
- 63. I enjoy the challenge of teaching another person what I know how to do.
- 64. I feel comfortable in the middle of a crowd.
- 65. I like to get involved in social activities connected with my school, church, or community.
- 66. I would rather spend my evenings at a lively party than at home alone.
- 67. I regularly spend time alone to meditate, reflect, or think about important life questions.
- 68. I think about what I want from life and what I want to accomplish when I am grown up.
- 69. I have some important goals for myself that I think about on a regular basis.
- 70. I have intuitions about things that turn out to be true.
- 71. People tend to see me as a loner.
- 72. I have a special hobby or interest that I keep pretty much to myself.
- 73. I prefer to spend a weekend alone in a cabin in the woods rather than go to a fancy resort with lots of people around.
- 74. I have participated in groups or counseling sessions to learn more about myself.
- 75. I usually know how I feel about something or about my feelings.
- 76. I keep a personal diary or journal to record the events of my inner life.
- 77. Someday I would like to start my own business.

Sample Results Page for Nancy Faris' Multiple Intelligences Test

Your Personal Evaluation

The Seven Intelligence Areas

Linguistic: 1
Logical Mathematical: 2
Spatial: 1
Bodily-Kinesthetic: 1
Musical: 2
Interpersonal: 1
Intrapersonal: 0

A Short Definition of your Highest Score

Logical-Mathematical - the ability to use numbers to compute and describe, to use mathematical concepts to make conjectures, to apply mathematics in personal daily life, to apply mathematics to data and construct arguments, to be sensitive to the patterns, symmetry, logic, and aesthetics of mathematics, and to solve problems in design and modeling. Possible vocations that use the logical-mathematics intelligence include accountant, bookkeeper, statistician, tradesperson, homemaker, computer programmer, scientist, composer, engineer, inventor, or designer.

Musical - the ability to understand and develop musical technique, to respond emotionally to music and to work together to use music to meet the needs of others, to interpret musical forms and ideas, and to create imaginative and expressive performances and compositions. Possible vocations that use the musical intelligence include technician, music teacher, instrument maker, choral, band, and orchestral performer or conductor, music critic, aficionado, music collector, composer, conductor, and individual or small group performer.

Rubric for Hand Scoring

Add up the number of times you picked an item within each intelligence and record it as the TOTAL for each intelligence.

Ages 8-12	Ages 13-18	Adult
1-5 linguistic	1-11 linguistic	1-12 linguistic
6-10 math	12-22 math	13-24 math
11-15 music	23-33 music	25-36 music
16-20 spatial	34-44 spatial	37-48 spatial
21-25 kinesthetic	45-55 kinesthetic	49-60 kinesthetic
	56-66 interpersonal	61-72 interpersonal
	67-77 intrapersonal	73-84 intrapersonal

Multiple Intelligences : Seven Areas of Intelligence

Linguistic - the ability to use language to describe events, to build trust and rapport, to develop logical arguments and use rhetoric, or to be expressive and metaphoric. Possible vocations that use linguistic intelligence include journalism, administrator, contractor, salesperson, clergy, counselors, lawyers, professor, philosopher, playwright, poet, advertising copywriter and novelist.

Logical-Mathematical - the ability to use numbers to compute and describe, to use mathematical concepts to make conjectures, to apply mathematics in personal daily life, to apply mathematics to data and construct arguments, to be sensitive to the patterns, symmetry, logic, and aesthetics of mathematics, and to solve problems in design and modeling. Possible vocations that use the logical-mathematics intelligence include accountant, bookkeeper, statistician, trades person, homemaker, computer programmer, scientist, composer, engineer, inventor, or designer.

Musical - the ability to understand and develop musical technique, to respond emotionally to music and to work together to use music to meet the needs of others, to interpret musical forms and ideas, and to create imaginative and expressive performances and compositions. Possible vocations that use the musical intelligence include technician, music teacher, instrument maker, choral, band, and orchestral performer or conductor, music critic, aficionado, music collector, composer, conductor, and individual or small group performer.

Spatial - the ability to perceive and represent the visual-spatial world accurately, to arrange color, line, shape, form and space to meet the needs of others, to interpret and graphically represent visual or spatial ideas, to transform visual or spatial ideas into imaginative and expressive creations. Possible vocations that use spatial intelligence include illustrator, artist, guide, photographer, interior decorator, painter, clothing designer, weaver, builder, architect, art critic, inventor, or cinematographer.

Bodily-Kinesthetic - the ability to use the body and tools to take effective action or to construct or repair, to build rapport to console and persuade, and to support others, to plan strategically or to critique the actions of the body, to appreciate the aesthetics of the body and to use those values to create new forms of expression. Possible vocations that use the bodily-kinesthetic intelligence include mechanic, trainer, contractor, craftsman, tool and dye maker, coach, counselor, salesperson, sports analyst, professional athlete, dance critic, sculptor, choreographer, actor, dancer or puppeteer.

Interpersonal - the ability to organize people and to communicate clearly what needs to be done, to use empathy to help others and to solve problems, to discriminate and interpret among different kinds of interpersonal clues, and to influence and inspire others to work toward a common goal. Possible vocations that use the interpersonal intelligence include administrator, manager, politician, social worker, doctor, nurse, therapist, teacher, sociologist, psychologist, psychotherapist, consultant, charismatic leader, politician, and evangelist.

Intrapersonal - the ability to assess one's own strengths, weaknesses, talents, and interests and use them to set goals, to understand oneself to be of service to others, to form and develop concepts and theories based on an examination of oneself, and to reflect on one's inner moods, intuitions, and temperament and to use them to create or express a personal view. Possible vocations that use the intrapersonal intelligence include planner, small business owner, psychologist, artist, religious leader, and writer.

Learning Styles Inventory for Younger People

by Debra Jones: <http://honolulu.hawaii.edu/intranet/committees/FacDevCom/guidebk/teachtip/vark.htm>

The VARK Categories

The acronym VARK stands for Visual, Aural, Read/write, and Kinesthetic sensory modalities that are used for learning information. Fleming and Mills (1992) suggested four categories that seemed to reflect the experiences of the students and teachers. Although there is some overlap between categories, they are defined as follows.

Visual (V):

This preference includes the depiction of information in charts, graphs, flow charts, and all the symbolic arrows, circles, hierarchies and other devices that instructors use to represent what could have been presented in words. It does **NOT** include movies, videos or PowerPoint.

Aural / Auditory (A):

This perceptual mode describes a preference for information that is "heard or spoken." Students with this modality report that they learn best from lectures, tutorials, tapes, group discussion, email, speaking, web chat, talking things through.

Read/write (R):

This preference is for information displayed as words. Not surprisingly, many academics have a strong preference for this modality. This preference emphasises text-based input and output - reading and writing in all its forms.

Kinesthetic (K):

By definition, this modality refers to the "perceptual preference related to the use of experience and practice (simulated or real)." Although such an experience may invoke other modalities, the key is that the student is connected to reality, "either through concrete personal experiences, examples, practice or simulation"